

Quit Smoking, Live Long

Call  Quitline 13 7848



THERE ARE HUGE BENEFITS TO QUITTING SMOKING

QUIT AT **30**



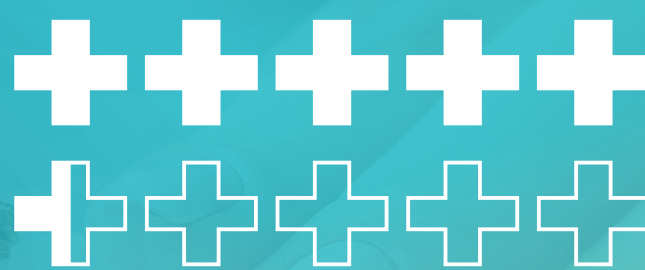
GAIN ALMOST 10 YEARS
OF LIFE EXPECTANCY*

QUIT AT **40**



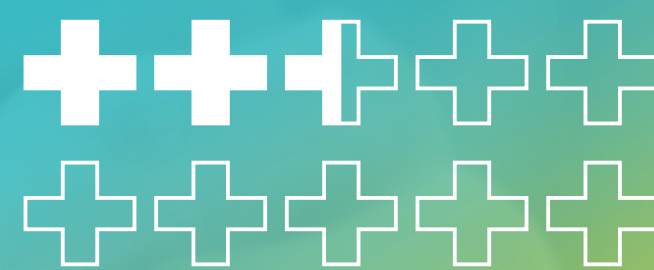
GAIN ALMOST 9 YEARS
OF LIFE EXPECTANCY*

QUIT AT **50**



GAIN ALMOST 6 YEARS
OF LIFE EXPECTANCY*

QUIT AT **60**



GAIN ALMOST 3 YEARS
OF LIFE EXPECTANCY*

*Compared to if you continued to smoke

Are you ready to quit?

Ask your health professional or physiotherapist how.

1300 367 519



EmployHealth